

**Irish Open Masters Long Course Championships - 06/03/2020 to 07/03/2020****Session Report**

Session: 1 Session 1

Day of Meet: 1 Starts at 07:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	1 Mixed 1500 Freestyle	07:00 PM	_____
	Swimmers Counts for Warm-ups: 60		
	Finish Time	10:10 PM	_____

Session: 2 Session 2

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	2 Mixed 400 Freestyle	09:00 AM	_____
Finals	3 Mixed 50 Backstroke	10:00 AM	_____
Finals	4 Mixed 200 IM	10:18 AM	_____
Finals	5 Mixed 50 Butterfly	10:40 AM	_____
Finals	6 Mixed 200 Freestyle	10:55 AM	_____
Finals	7 Mixed 100 Butterfly	11:47 AM	_____
Finals	8 Men 200 Medley Relay	11:57 AM	_____
Finals	9 Women 200 Medley Relay	12:00 PM	_____
Finals	10 Mixed 200 Medley Relay	12:03 PM	_____
Finals	11 Mixed 800 Freestyle	12:07 PM	_____
	Swimmers Counts for Warm-ups: 290		
	Finish Time	01:06 PM	_____

Session: 3 Session 3

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seconds

Round	Event	Starts at	
Finals	12 Mixed 400 IM	02:00 PM	_____
Finals	13 Mixed 400 Freestyle Relay	02:08 PM	_____
Finals	14 Mixed 100 Breaststroke	02:08 PM	_____
Finals	15 Mixed 100 Freestyle	02:27 PM	_____
Finals	16 Mixed 200 Backstroke	03:11 PM	_____
Finals	17 Mixed 50 Breaststroke	03:33 PM	_____
Finals	18 Mixed 200 Butterfly	03:49 PM	_____
Finals	19 Mixed 100 Backstroke	03:57 PM	_____
Finals	20 Mixed 200 Breaststroke	04:14 PM	_____
Finals	21 Mixed 50 Freestyle	04:36 PM	_____
Finals	22 Men 200 Freestyle Relay	05:03 PM	_____
Finals	23 Women 200 Freestyle Relay	05:06 PM	_____
Finals	24 Mixed 200 Freestyle Relay	05:09 PM	_____
	Swimmers Counts for Warm-ups: 333		
	Finish Time	05:14 PM	_____